

Training #1

Foundation of Running Successful Webinars

What is your Specific Measurable Goal for the Webinar Masterclass?
What is your more Intangible Goal for the Webinar Masterclass?

What Positive things will Webinars create for you?
Do this now and add to it during the week as you become aware of more
Write down what Negative things Webinars will enable you to move away from
Do this now and add to it during the week as you become aware of more
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What structures do you have in place to support you as you run webinars?

What are the top limiting beliefs and habits that are holding you back that you have identified – which ones do you want to work on the most?

What fears and resistance have you identified this week when it comes to you running webinars and which ones do you need to work on as a priority?

This Week's Checklist

- Watched all the training videos for the Foundation
- o Completed this Action Guide
- o Attended the Kaizen Q&A Webinar on Monday afternoon
- Setting up any Structures and Support systems for Webinars
- Observation of your thoughts, language, behaviours, habits during the week